

## OUTPUT SPSS

### 1. Distribusi Frekuensi Usia Pekerja

Usia				
	Frequency	Percent	Valid Percent	Cumulative Percent
20	2	3.7	3.7	3.7
21	1	1.9	1.9	5.6
22	6	11.1	11.1	16.7
23	2	3.7	3.7	20.4
24	4	7.4	7.4	27.8
25	4	7.4	7.4	35.2
28	2	3.7	3.7	38.9
29	2	3.7	3.7	42.6
30	4	7.4	7.4	50.0
31	2	3.7	3.7	53.7
32	1	1.9	1.9	55.6
Valid 33	1	1.9	1.9	57.4
35	1	1.9	1.9	59.3
39	1	1.9	1.9	61.1
40	1	1.9	1.9	63.0
41	3	5.6	5.6	68.5
42	2	3.7	3.7	72.2
43	7	13.0	13.0	85.2
44	4	7.4	7.4	92.6
45	2	3.7	3.7	96.3
46	1	1.9	1.9	98.1
47	1	1.9	1.9	100.0
Total	54	100.0	100.0	

## 2. Variabel Skor Stres Kerja

### Statistics

SkorStres

Valid	54
N	
Missing	0
Mean	131.63
Median	128.50
Mode	128
Std. Deviation	12.431
Skewness	.154
Std. Error of Skewness	.325
Kurtosis	-.944
Std. Error of Kurtosis	.639
Minimum	107
Maximum	156
25	122.00
Perce	
50	128.50
ntiles	
75	144.25

### Saya harus bekerja dengan sangat intensif

	Frequenc y	Percent	Valid Percent	Cumulative Percent
Selalu	37	68.5	68.5	68.5
Sering	14	25.9	25.9	94.4
Agak Sering	3	5.6	5.6	100.0
Total	54	100.0	100.0	

### Saya harus bekerja dengan sangat cepat

	Frequency	Percent	Valid Percent	Cumulative Percent
Selalu	19	35.2	35.2	35.2
Sering	22	40.7	40.7	75.9
Agak Sering	7	13.0	13.0	88.9
Jarang	6	11.1	11.1	100.0
Total	54	100.0	100.0	

**Saya dapat memutuskan pada saat saya mau beristirahat**

	Frequency	Percent	Valid Percent	Cumulative Percent
Tidak Pernah	5	9.3	9.3	9.3
Jarang	20	37.0	37.0	46.3
Agak Sering	8	14.8	14.8	61.1
Sering	8	14.8	14.8	75.9
Selalu	13	24.1	24.1	100.0
Total	54	100.0	100.0	

3. Uji Normalitas Data

**Tests of Normality**

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
SkorStres	.145	54	.007	.960	54	.067

a. Lilliefors Significance Correction

4. Uji *Kruskal Wallis*

**Test Statistics<sup>a,b</sup>**

	SkorStres
Chi-Square	11.539
df	2
Asymp. Sig.	.003

a. Kruskal Wallis Test

b. Grouping Variable: Hari  
ini anda bekerja di shift  
apa?

### Descriptives

SkorStres

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
Pagi	18	129.61	10.885	2.566	124.20	135.02	116	151
Siang	18	139.22	10.015	2.361	134.24	144.20	124	156
Malam	18	126.06	12.836	3.025	119.67	132.44	107	147
Total	54	131.63	12.431	1.692	128.24	135.02	107	156

Dari ketiga shift yang pernah anda kerjakan shift mana yang menurut anda sering menimbulkan keluhan seperti cemas, tegang, mudah marah, dan tidak sabar?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Pagi	21	38.9	38.9	38.9
	Malam	33	61.1	61.1	100.0
	Total	54	100.0	100.0	